WALK 4 LIFE 2019

January 1 - June 30

wi. adventist.org/walk

Join Adventists around Wisconsin in a 6 month, conference-wide execise program to walk around the world! Visit the website to submit miles, download resources, & see your progress.

Name:	Jan. 5	Jan. 12	Jan. 19	Jan. 26	Feb. 2	Feb. 9	Feb 16	Feb. 23	Mar. 2	Mar, 9	Mar. 16	Mar. 23	Mar. 30	Apr. 6	Apr. 13	Apr. 20	Apr. 27	May 4	May 11	May 18	May 25	June 1	Jun. 8	Jun. 15	Jun. 22	Jun. 29	Total Miles